



Topic Overviews - Cygnet Class Spring Term 2026

'What we nourish today, will flourish tomorrow.'

Communication and Language

We will continue to use our class books to develop the children's language, understanding of stories, and children will articulate their thoughts in well-formed sentences using a range of vocabulary. Focus child afternoons will give children the opportunity to describe their interests in increasing detail and ask questions about each other. We will continue to use talk partners to develop speaking and listening skills, and use full sentences whenever we speak.

Support your child at home by reading and discussing stories, exploring new vocabulary together, and always speaking in full sentences.



Personal, Social and Emotional Development

Our PSHE topics are 'Dreams and Goals' and 'Healthy Me'. These units will give the children a chance to set goals and work towards them, considering ways to tackle challenges and persevere. They will then learn how to make healthy choices about their diet and exercise as well as learn about healthy friendships and staying safe.

Support your child by encouraging them to set a goal to work towards at home, encouraging them to achieve it and help them overcome any difficulties they meet on the way. Get them involved in choosing healthy foods and taking part in physical activity.

Physical Development

Opportunities to improve and develop fine and gross motor skills will be provided throughout the indoor and outside provision. In PE and Forest School sessions, the children will be working on movement, coordination and agility, moving on to games, teamwork and skills.

Support your child at home by helping them practise movement such as running, jumping and climbing as well as cool down stretches involving balance and stillness. Play games as a family, thinking about the rules, fair play and how to take part in a team.

Literacy

Children will be studying the books 'Blue Penguin' and 'Where the Wild Things Are' this term.

We will also continue 'Read, Write Inc' our phonics programme with the children.

This term we will encourage writing through opportunities to write labels, captions, speech and thought bubbles and letters to characters. Children will begin to orally rehearse narratives to start writing their own versions of familiar stories.

Support your child at home by reading with them every day.

Encourage writing opportunities using the children's phonic knowledge. You could write a card, thank you note, postcard, shopping list or even a diary.

Understanding the World

The key questions in RE will be 'How can we help others when they need it?' and 'Why do Christians put a cross in the Easter Garden?'

Cygnet class will also take part in Forest School sessions where they will spend time in nature and explore the natural world. This will involve naming and describing animals and their habitats and exploring plants and animals in their natural environment.

Support your child at home by talking about everyday heroes and ways we can help each other at school and home. Discuss plants you have at home or in your garden and animals that you see outside.

Mathematics

Using 'Mastering Number' alongside 'White Rose' schemes of learning the children will study the units - 'Mass and capacity', 'Length, height and time' and 'Exploring 3D shapes'. They will continue to deepen their understanding of numbers within 10 and beyond, developing the key skills of subitising, counting and ordering numbers.

Support your child at home by spotting 2D and 3D shapes, encouraging and involving them in cooking activities weighing and measuring ingredients.

To see how the curriculum progresses through these topics, visit our school website using the link below:

[Maths Parent Information](#)

Expressive Arts and Design

Children will be using a wide range of skills to create structures with junk modelling; learning skills to cut, stick and join different materials to make a structure they have planned. Children will hear and create 'musical stories', putting actions and movement to music and using instruments to represent actions.

Support your child at home by encouraging imaginative play, using junk modelling to create. Move and sing along to music and songs and make up songs or change words to a familiar tune!