

Topic Overview - Cyanet Class - Year 1 - Spring Term 2026 - 'What we nourish today, will flourish tomorrow'



In **Maths** children will be exploring numbers within 20 and then moving on to 50. The learning continues with addition and subtraction within 20. The children will be asked to learn double and near double facts and number bonds to aid quick adding and subtracting. This term in measurement the children will explore length and height as well as work on mass and volume. **Support your child by using opportunities for counting or recalling numbers. You could use a calendar to count up or back to an important date or event. Practice counting in 2's, 5's and 10's out loud and recite number bonds! Encourage time on Numbots and TTRockstars.**

In **English**, the children will continue to improve their reading and writing skills through our Read Write Inc structured programme. In addition, they will read and respond to a range of different text types; the core texts for English are 'Blue Penguin' by Petr Horacek and 'Where the Wild Things Are' by Maurice Sendak. Spellings will be given weekly and handwriting practiced in structured sessions. **Support your child at home by encouraging daily reading (15 minutes is ideal), help them learn their spellings and see the opportunities to write such as 'Thank you' letters, cards, shopping lists or even a diary.**

In **PSHE** our first theme is 'Dreams and Goals' - we will discuss our dreams and goals for the new year and beyond. After half term, our topic is 'Healthy Me' where children will learn about what keeps us physically and mentally healthy. **Support your child at home by encouraging them to develop the determination and resilience to reach their goals. Discuss why healthy food, adequate sleep, exercise, and friendships are so important for a healthy body and mind.**

In **PE** this term the children will learn all about invasion games. They will then use their expertise to complete a range of multi- skills activities. Children will have the chance to play striking and fielding games and take part in tri-golf. PE lessons encourage children to learn about, move and use their bodies. As part of our outdoor forest School sessions, children will develop climbing and balancing skills by climbing trees and building natural obstacle courses. **Support your child at home by watching sports and discussing the rules of games and practising throwing and catching together.**



Geography and History This term in Geography, lessons will focus on identifying and comparing hot and cold areas of the world in relation to the Equator and the North and South poles. In History, we will be learning about Polar exploration and how Robert Scott and Earnest Shackleton raced against each other to be the first to the south pole. **Support your child by looking at maps, local or global. Spot features and recap names of countries and oceans, and talk about the differences between hot and cold environments. Discuss the responsibility we all share to look after our planet by not wasting resources and contributing to climate change.**

In **Computing** the children will be digitally writing and grouping data. The children will explore the keyboard and play typing games. This learning will lead to writing text and then adapting and changing font or size. When exploring data and information the children will group and match items and compare groups. The children will use the mouse to drag and drop items into groups. **Support your child by counting and sorting everyday items e.g. pencils into colour groups or toys into size groups. Help your child spot the capital letters on a keyboard and let them practise typing and see how the letters on the screen can be changed between lower and upper case.**

In **Music**, the children will explore pitch and tempo whilst creating their own piece of superhero music. They will also learn to sing folk songs and create music to represent different landscapes. **Support your child at home by listening to and discussing different genres of music and by enjoying singing together!**

In **Art**, lessons this term will focus on 'Print Making' - creating prints with positive and negative stencils and moving onto the use of clay slab relief blocks to print. In **Design Technology**, the children will learn about a balanced diet and design and make a wrap. They will learn vital skills using graters, scissors and knives to prepare food. **Support your child at home by discussing the illustrations in books and how the images make you feel. Notice together how other artists use line, shape and colour. Have fun together in the kitchen, helping your child to safely use kitchen utensils to prepare meals and snacks.**

In **Science** the children will begin by learning about Animals including Humans. They will learn to identify, classify, and name a variety of common animals including fish, amphibians, reptiles, birds and mammals. They will identify which animals are carnivores, herbivores and omnivores. The children will also label the basic parts of the human body and learn about our 5 senses. When exploring everyday materials the children will identify, describe and compare materials including wood, plastic, glass, metal water and rock. We will continue to observe nature and the changing seasons in our Forest School sessions. **Support your child by observing local wildlife, supervising some pond dipping and watching programmes about the natural world.**

In **RE** the class will be exploring the Christian and Islamic faiths. Looking into the questions 'What are the best symbols of Jesus' death and resurrection at Easter?' and 'How do some Muslims show Allah is compassionate and merciful?'

Support your child at home by helping them to understand that there are people with different faiths and no specific faith. Help them to understand that diversity in our world is a richness, and that when we respect each other, we can live together harmoniously. You may like to visit a place of worship to see the building or experience a service.