

Topic Overview – Melissa Class - Spring Term 2026 - 'What we nourish today, will flourish tomorrow'



In **Maths** children will begin the term by developing and building upon their conceptual understanding of Multiplication and Division. During this term they will also be learning about Measurement (Length, height, mass, and temperature). They will learn about British coins and apply their mathematical skills to calculations in pounds and pence. **Support your child by testing them on their 2, 5 & 10 x tables and beyond! Show your child the British coins. Encourage them to add up items when shopping. Measure the growth of a plant. Weigh the ingredients and bake a cake. Encourage time on Numbots and TTRockstars**

Follow this link to our website for more Maths information:
<https://www.chelmondiston.suffolk.sch.uk/mathematics-1/>

In **English** the children will continue to improve their reading and writing skills through our Read Write Inc structured programme. In addition, they will read and respond to a range of different text types; the core texts for English are 'Leaf' by Sandra Dieckmann and 'The Secret Sky Garden' by Linda Sarah. Spellings will be given weekly, and handwriting will be practised daily. **Support your child at home by encouraging daily reading (15 minutes is ideal), help them learn their spellings and see the opportunities to write such as 'Thank you' letters and New Year plans and resolutions.**

In **PSHE** our first theme is 'Dreams and Goals' - we will discuss our dreams and goals for the new year and beyond. After half term, our topic is 'Healthy Me' where children get to learn about what keeps us physically and mentally healthy. **Support your child at home by encouraging them to develop the determination and resilience to reach their goals. Discuss why healthy food, adequate sleep, exercise, and friendships are so important for a healthy body and mind.**

In **PE** this term the children will learn all about invasion games and learn to use their expertise to complete a range of multi-skills activities. Children will have the chance to play striking and fielding games and take part in tri-golf. PE lessons encourage children to learn about, move and use their bodies. The lessons emphasise that exercise is both important and fun. **Support your child at home by watching sports and discussing the rules of games.**



Geography and History This term in **Geography** we will look at seasonal and daily weather patterns in the United Kingdom and the location of hot and cold areas of the world in relation to the Equator and the North and South Poles. In **History**, we will be learning about Polar explorers. The children will learn about significant journeys and discoveries of Scott and Shackleton. We will also look at more recent explorers and what they have discovered about our planet. **Support your child by discussing the responsibility we all share to look after our planet by not wasting resources and contributing to climate change. Talk about what explorers have discovered by travelling to different parts of the world.**

In **Computing** the children will be creating digital music and learning how to create pictograms. Children will learn about notes and tempo and will reflect on how music makes them feel when creating their own piece. Then when making pictograms the children will collect, analyse and present data. **Support your child at home by identifying technology you use at home and how to do this safely. To be ready for creating data sets you could practice making tally charts to count items. You could also have a go at the making your own music and exploring the activities on 'Chrome Music Lab'.**

In **Music**, the children will explore pitch and tempo whilst creating their own piece of superhero music. They will also learn to sing folk songs and create music to represent different landscapes.

Support your child at home by listening to and discussing different genres of music and by enjoying singing together!

In **Art**, lessons this term will focus on printmaking, inspired by our core texts. In **Design Technology** we will be investigating food and what a healthy and balanced diet looks like. The children will get to taste different foods and design their own dishes.

Support your child at home by discussing the illustrations in books and how the images make you feel. Notice together how artists use line, shape and colour. Let your child experiment with healthy eating at home, trying new foods and recipes together.

In **Science** we will be investigating materials and learning about describing the properties of different materials. We will experiment with choosing materials for different purposes and comparing the properties, and how some materials change in certain conditions. The children will also label the basic parts of the human body and learn about our 5 senses. We will discuss what animals need for basic survival (water, food and air) and the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.

Support your child by discussing what things are made of around your home, and why. Observe local wildlife together and watch programmes about the natural world.

In **RE** the class will be exploring the Christian and Islamic faiths. Looking into the questions 'What are the best symbols of Jesus' death and resurrection at Easter?' and 'How do some Muslims show Allah is compassionate and merciful?'

Support your child at home by helping them to understand that there are people with different faiths and no specific faith. Help them to understand that diversity in our world is a richness, and that when we respect each other, we can live together harmoniously. You may like to visit a place of worship to see the building or experience a service.